	<del></del>	Policy Number	Applicability
State of Iowa Department of Corrections Policy AND Procedures		IO-SC-19	
			□ свс
		Policy Code	Iowa Code Reference
		Confidential	N/A
Chapter 3	Sub Chapter	Related DOC	Administrative Code
INSTITUTIONAL	SECURITY AND	Policies	Reference
OPERATIONS	CONTROL	IO-SC-12 HSP-720	704, 904.505
Subject		ACA Standards	Responsibility
SECURITY RESTRAINTS		4-4190-1	Sheryl Dahm Diann Wilder- Tomlinson
		Effective Date	Authority
		July 2015	Jerry Bartruff Director Signature on file at Iowa DOC

### I. PURPOSE

To provide employees of the Iowa Department of Corrections (IDOC) with guidance regarding the use of security restraints essential to protect the public, employees and offenders.

## II. POLICY

It is the policy of the IDOC that security restraint equipment shall be used only as a control measure. Security restraints are not intended, and shall not be used, as punishment. **(4-4190-1)** 

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- **III. DEFINITIONS** See IDOC Policy **AD-GA-16** for Definitions.

#### IV. PROCEDURES

A. Security Restraints

In accordance with this policy, mechanical devices may be used to immobilize, restrict, or control the movements of individuals.

The type of security restraints available to staff include, but are not limited to:

- 1. Handcuffs/ Flex cuffs
- 2. Security Cuff Cover
- 3. Leg irons
- 4. Belly chains
- 5. Soft wrist restraints
- 6. Soft ankle restraints
- 7. Restraint belts/ Strap
- 8. Spit mask
- B. Authority for Use of Security Restraints
  - 1. The Associate Warden of Security has the overall responsibility for developing and implementing specific operating procedures for the use of security restraints.

- 2. Operating procedures shall outline those situations in which security restraints may be used as a matter of routine. Situations may include, but are not limited to:
  - a. Offender transports.
  - b. Escorts of offenders in disciplinary or segregation statuses.
- 3. In circumstances where it is necessary to immediately take control of an offender in order to prevent continued violation of facility rules or injury to any person, the short term use of restraints is authorized.
- C. General Use of Security Restraints

This policy refers only to restraints used specifically for security purposes. IDOC Health Services Policy **HSP-720**, Medical Restraints, refers to policy and procedure for the use of medical restraints used under the authority and supervision of health care staff.



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# D. Related Protective Equipment

Institutional procedures shall govern the use of related protective equipment such as safety mittens, spit masks, specialized soft restraints, and other items.

### E. Escort of Restrained Offenders

Institutional procedures shall describe the regulations and/or guidelines under which restrained offenders are escorted within the facility. These guidelines may include the number of staff required for escort of an offender in restraints or in a particular or special segregated status and the positioning of those staff, when and how "hands-on" escort in which staff maintain physical contact with the offender is permissible or required, and other regulations and/or guidelines deemed appropriate by the Associate Warden of Security.

# F. Restraint of Pregnant Offenders



Please refer to IDOC Policy IO-SC-12, Escorted Trips.

# G. Special Circumstance Use of Medical Restraint

- 1. In accordance with IDOC Health Services Policy **HSP-720**:
  - a. In order to protect the offender and/or others, staff can initiate placing an impaired or assaultive offender in restraints as soon as appropriate, after other less restrictive means have been considered or exhausted.
  - b. Within the first hour of placing an offender in medical restraints, a medical practitioner must be notified for authorization.

- c. All restraint orders shall be for the least amount of time necessary to prevent injury to the offender or others.
- 2. See IDOC Health Services Policy **HSP-720** for additional information regarding the use of Medical Restraints.
- H. In-Cell Restraints Anamosa State Penitentiary Only
  - 1. The U.S. Eighth Circuit Court of Appeals has affirmed a District Court of the Northern District of Iowa ruling (cited as <u>Key v. McKinney</u>, 176 F.3d 1083) which upheld the use of in-cell restraints at the Anamosa State Penitentiary (ASP).

